# Hmetrisis

## Film Metrology & More...

### **ThetaMetrisis APPLICATION NOTE #025**

Real-time monitoring of bioreactions in whole blood

#### Introduction:

Biomolecular interactions play a key role in many biological and biochemical processes and are widely explored as methods for biodiagnostic applications. WLRS is introduced for the real-time and label-free monitoring of biomolecular interactions on biofunctionalized chip surfaces providing certain advantages<sup>1</sup> against other label-free methods in terms of ease of use, reproducibility, Limit of Detection, specificity and cost. In this application note, the fast and accurate immunochemical determination of C-reactive protein (CRP) in human whole blood samples<sup>2</sup> employing the WLRS sensing platform is demonstrated. CRP is a biomarker widely used in clinical practice to detect infections and inflammatory conditions ranging from injury to autoimmune diseases.

#### Means & Methods:

For the CRP assay, a goat polyclonal anti-CRP antibody was immobilized on aminosilanized chips with dimensions of 5X15 mm. The measurement system used is an FR-pOrtable system combined with a microfluidic module and a docking station for accommodation of the biochips and a miniaturized peristaltic pump for the reagents supply. The assay consists of three steps: a) running the samples for 5 min, b) supplying a biotinylated goat anti-CRP antibody for 3 min, and c) supplying a streptavidin solution for 4 min. All steps are monitored in real-time and the CRP concentration in the sample is calculated based on pre-determined calibration curve through appropriate application software.



Figure 1. Measurement system

#### **Results**:

A typical CRP calibration curve is shown in fig. 2a. The effect of whole blood on the assay performance was evaluated and it was found that dilutions as low as 50-times could be employed, fig. 2b. Thus, taking into account that the assay had a LOD of 2  $\mu$ g/L in assay buffer; whole blood concentrations as low as 100  $\mu$ g/L could be determined. On the other hand, CRP concentrations as high as 500 mg/L could be determined.





**Figure 2a):** Typical CRP calibration curve obtained with the 10-min assay. Each point is the mean value of 4 replicate measurements ± SD.

**Figure 2b)**: Real-time responses from a blood sample spiked with CPR at different concentrations: 50 (green line), 100 (blue line), 200 (red line) and 500-times (black line) with assay buffer.

#### **Conclusions:**

The developed sensing system provides sensitive quantitative determinations of CRP in whole serum samples and can be performed by non-experts.

<sup>&</sup>lt;sup>1</sup> G. Koukouvinos, P. Petrou, D. Goustouridis, K. Misiakos, S. Kakabakos, I. Raptis "Development and bioanalytical applications of a White Light Reflectance Spectroscopy label-free sensing platform" Biosensors 7 (2017) 46

<sup>&</sup>lt;sup>2</sup> G. Koukouvinos, D. Goustouridis, K. Misiakos, S. Kakabakos, I. Raptis, P. Petrou "Rapid C-reactive protein determination in whole blood with a White Light Reflectance Spectroscopy label-free immunosensor for Point-of-Care applications" Sens. Act. B 260 (2018) 282